

## Emotional Baggage

### Part 5

1 Sam 10:22-24

Today we are talking about emotional baggage.

Our goal today is to silence the voices that defeat us and stop us.

Those things on the inside of us that stop us from fulfilling God's purpose and God's plan.

The children of Israel have been crying out to God – “We want a king. We want a king. Everyone else has a king, we want a king.”

Well God set it up that He was to be their leader, that He was going to lead and guide them.

He brought them out of Egypt. He's wanting to lead them into His favor and His blessings.

And they said, “*We want a king just like all the other kingdoms and nationalities and peoples.*”

And so God had selected Saul to be king and the Prophet Samuel shows up, anoints Saul to be the king, and he said, “*So that you know that God's hand is upon you and the words that I speak to you today are from God,*” and he names off four or five things that are going to happen.

And it says in Verse 9: “*All these signs were fulfilled that day.*” In other words, it was confirmed.

The prophets spoke it and he said these things will happen.

They all happened and Saul **should** know and have confidence, “I'm going to be the first King of Israel. This rocks!”

Well they bring the 12 tribes of Israel together.

All of the families of each and every tribe come together and they're going to announce, “Here's your King.”

The drummers are playing, the trumpeters are playing, and all the sudden, they're about “All hail ... hey ... where's Saul? Have you seen Saul? I'm not sure.” Secret Service has lost the King?

I mean he's just coming into office and Secret Service has blown it.

If you read, it says they inquired of the Lord, “Where is the King?”

I want to read to you out of the New Living Translation because it uses the word “baggage” and I like that.

“Where is he?” Verse 22. Look there in **Verse 22**. “*He is hiding in the bags, in the baggage.*” *So they found him and brought him out, and he stood head and shoulders above anyone else. Then Samuel said to all the people, “This is the man the Lord has chosen as your king. No one in all Israel is like him!” And all the people shouted, “Long live the king!”*

The guy ... the prophet says, “You're the man!” All these signs take place.

The trumpets are sounding, the people are rejoicing!

And his emotional mental inward battles are stopping him from fulfilling his destiny and ultimately will stop him from finishing in the will of God.

So my question for you today is, “**What internal baggage are you hiding behind, or are you carrying?**” What's the internal baggage?”

Here's what you have to know.

You will never accomplish your outward purpose until you deal with your inward baggage.

You can never be successful in anything outwardly until you win these inward battles.

And so as we look inward, I want to give you five emotional bags ... they all begin with the letters “I-N” that you must deal with inwardly.

**The first one is Insignificant.** Insignificant.

Now when the prophet shows up to Saul ... go back to **1Sam 9:20-21**

the prophet shows up to Saul and says this is going to happen.

And the prophet says, “*And I am here to tell you that you and your family are the focus of all of Israel's hopes.*” And Saul replied in Verse 21: “*But I'm only from the tribe of Benjamin and we're the smallest tribe in Israel. And my family is the least important of all the families of that tribe. Why are you talking to me like this?*”

God shows up and says, “You da man!” And the man says, “Wrong number.” And hangs up.

But God keeps calling [pretending to be on phone], “Hey I just ...” “Hey I wanted to know if you would ...” Boop. We hang up. “Hey I want to ...”

And we're hanging up on God, we're going, “He's got the wrong guy! He's got the wrong person!

It can't be me. I'm insignificant. I'm just a little Peabody in this ... in these millions and millions of people.”

Saul was saying, "Why would you choose me, God? There's millions of other people."  
But our Bible tells us that God even knows the number of hairs on our head.  
We feel insignificant. Our little gift, of whatever amount or level, can't make a difference.  
We need to see ourselves differently. That we are somebody that can do some amazing things for God.  
And so **the lie is this: "You're not important."**

Your life won't make a difference.

It doesn't matter what you do, your life isn't important."

**And the truth of God's Word is, "You are chosen!"**

\*\*God says, "I choose you! I want you in my family! I want you on my team!"

\*\*Schoolyard pickup game ... God looks at you and says, "I want you on my team."

\*We're going, "I'm not that good. I don't hit very well, I don't catch very well, I fumble the ball."

\*\*And He's going, "No, I want you on my team!" We need to start viewing ourselves differently.

So many times we feel like a zero, but God has declared us a hero. We feel insignificant.

"What can I do for the Kingdom of God?"

It's easy for me to feel insignificant as just one church out of hundreds here, but the good news of Jesus Christ, hundreds of thousands of people that if we don't reach them, if they die, they will go to hell.

I feel it's our call. Our responsibility to do it.

But it's easy to feel insignificant. "What can we do?" We can help one kid, one family, one adult, one person, one teenager ... at a time.

**1st Peter 2:9:** You are a chosen people of royal priesthood, a holy nation.

**Secondly, is we feel Inadequate.** The giant that we face, the giant that we've got to go through to pursue the vision and the path that God has for us is that giant of feeling inadequate or in other words, insufficient.

We feel inadequate. **The lie is, "You're not good enough."**

You don't have what it takes. You are lacking ability. Why try?

You're not going to be able to do it. You don't have the skill."

The angel appears to Gideon as he's hiding from the Mennonite army.

And the angel appears and says, "The Lord is with you mighty warrior."

And in **Judges 6:15**, here's Gideon's response: "*How can I save Israel? My clan is the weakest at Manasseh and I'm the least in my family.*"

"I can't do it. I'm not qualified. I'm inadequate."

And when we say we're inadequate, we're believing the lie

**The truth is, God declares you are equipped and you are empowered.**

God has equipped you and empowered you.

We're like this ... God never sets any one of his kids up to fail. God never sets you up to fail.

Whatever it is that God is leading you, He's not setting you up to fail.

He's equipping you for what that purpose is.

I don't know about you, but when my children came, I never felt ready, qualified. "I got this under control!"

I never felt ready to be a parent.

My kids are grown and I'm still like, "I'm not sure if I've got this parenting gig down yet or not."

We always have opportunities to feel inadequate. The truth is, you are equipped and empowered.

**Hebrews 13:20** says this: "*May the God of peace who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that Great Sheppard of the Sheep, may he equip you with everything good for doing his will and may he work in us what is pleasing to him through Jesus Christ. To him be glory forever and ever.*"

You're not ready for parenting? You feel inadequate? Join the club.

But let's begin and know and have that confidence that we are equipped and we're empowered.

You're not ready for marriage? Get ready. You are equipped and empowered.

You got assigned to a new task at your job. Don't say, "I don't know what to do. I don't know if I can do it."

\*\*\*\*\*Don't hide behind the baggage ... say, "I know by faith how to do this job.

\*\*\*\*\*I'm not inadequate, I am equipped!!!!

\*\*\*\*\*If God's calling me to do this, I know He has equipped me to do this."

**Number three: Intimidation and fear.** Intimidation and fear. Turn your Bibles to 1st Samuel 15:1 ... it says, "*One day Samuel said to Saul, 'It was the Lord who told me to anoint you as king of his people Israel.*"

Now listen to this message from the Lord ... This is a God message, alright?

This is what the Lord of Heaven's armies has declared.

This is not an option; this is not if ya feel like it, this is a God says [  
*"I have decided to settle accounts with the nations of Amalekites for opposing Israel when they came from Egypt. Verse 3: Now go and completely destroy the entire nation ... men, women, children, babies, cattle, sheep, goats, camels, and donkeys. Wipe 'em out.*

"Why would God do that? I just don't understand why God would do that?"

Because the people were so defiled that if they anything live, it will corrupt and it will defame and it will destroy from the inside out.

And all the sin and the wrath that is breeding in them will be inbred a little leaven ... leaven's the whole lump.

And so let's see what Saul and his men did.

They go in and they have an amazing battle. I mean, God's hand is on them.

God equipped them ... He called them and equipped them.

He gave them the skill, the power, and the ability to do it.

But then look at Verse 8 ... And Saul captured Agag, the Amalekite king, but completely destroyed everyone else.

Look at Verse 9 ... Saul and his men spared Agag's life and kept the best of the sheep and the goats, the cattle, the fat calves, and the lambs and everything in fact that appealed to them.

They destroyed only what was worthless or of poor quality.

Verse 11: The Lord is grieved that he made Saul king.

Look at Verse 17. Samuel said, *"Although you were once small in your own eyes, did you not become the head of the tribes of Israel? The Lord anointed you king over Israel. You did not obey."*

And many times when I find myself between the rock and the hard place is when God told me to do something and I ignored, rebelled, rejected, or said,

"My way, my path, my plan is better." It's self-inflicted.

And then here's Saul's reasoning in **Verse 24**: Then Saul said to Samuel, *"I have sinned. I violated the Lord's command and your instructions."* And here's his reason: *"I was afraid of the people and so I gave in to them."*

"I'm afraid I won't be accepted. I was afraid I wouldn't get to get into the club.

I was afraid people would look down on me.

I was afraid I wouldn't get that promotion if I didn't compromise what they said to do.

And then you know what's right. You know what God's word says, yet we make decisions that are contrary to God's word for the sake of the people.

\*\*\*We live and we serve for the audience of one. And that is God.

We do not serve for the accolades of people, for the, you know, people saying that they like us, that they love us.

**Here's the lie:** "You don't fit in. You don't belong. You're not one of us."

Intimidation causes us to conform, to bend, and to alter our course of direction to try and fit in because of fear.

"I don't want to be rejected."

And **the truth is, you need to see yourself as bold and courageous.**

**Proverbs 28:1** says, *"The righteous are as bold as a lion."*

Fear and intimidation will try and stop all of us in the best of ways.

If you think you're ever going to come to the point that you're never going to fight these giants, that this baggage is never going to creep into your life, it's ...

I'm constantly stumbling over these bags.

I'm constantly going, "Oh, I got that. I've overcome that."

And all of a sudden I get a little proud and I stumble and I fall over the same simple things.

**2nd Timothy 1:7** in the Amplified says, *"For God did not give us a spirit of timidity, of cowardice, of craven or cringing or fawning fears, but He has given us a spirit of power and of love and of a calm and well-balanced mind and discipline and self-control."*

**1 Jn 4:18** -

#### **Fourth one is Inconsistency.**

Everybody knows in any sport, whether it's baseball, basketball, tennis, anything is your follow-through.

If I'm going to throw a Frisbee right back here in the middle section, if I stop here, guess where my Frisbee's going? Right back there.

The follow through ... Okay?

If I'm going to shoot a foul shot on the foul line of basketball, the key is pushing the ball in the direction of the hoop, but the key is when you let go of the ball you follow through.

\*And that's where so many of us get hung up ... in our emotional journey and overcoming our trials.  
We start strong ... "I'm going to do this. I'm going to change that. I'm going to do this.  
I'm never going to do that again." And then all of a sudden we're about, "I'm never going to ...  
okay, I'm going to. I'm going to start ... oh well."  
"What happened" "Oh, I don't know. It's just the devil."

Inconsistency.

Now watch the inconsistency of Saul.

1st Samuel, Chapter 14, his son Jonathan takes his armor-bearer and they said, "*The Philistines are out there in those hills. Let's go up there. Let's see if the Lord is with us.*"

And they go up and here's what Jonathan says, "*If we shout out, if they say, 'We're comin' to get you,' we'll know God's hand isn't here and we need to run like you-know-what. But if they say, 'come up and fight us. Come up and take us,' then we know the Lord's hand is with us.*"

They go, "Hey! Woo-hoo." And all of a sudden the Philistines shouted back and said, "*I dare you to come up here and try and take us out!*"

And Jonathan said, "Hey, hey! The Lord's with us! The Lord is with us!"

They go up there and they slaughter ... I mean it's like an action-packed thriller.

They slaughter 20-some guys between the two of them.

And then the Lord sends chaos in the camp of the Philistines and panic strikes the entire army.

And all the Philistine warriors are wiggled out ... it says the ground was shaking, panic strikes, fear of God's hand is upon it and they're just like, "Get back! Get back!"

And they are literally slaughtering one another. It's a great read!

And then Saul, King Saul hears about it, sends in the armies of Israel to help Jonathan and his armor-bearer.

They have one of the biggest routs in the history of Israel.

They are kickin' tail and takin' hostages.

And then look what it says in **1 Sam 14:46** *Then Saul stopped pursuing the Philistines and they withdrew to their own land.*"

The lie? "You're a quitter. You never finish anything you start."

The truth? "You are faithful and you are consistent."

Look what Saul did. Saul could have finished it.

It's in Chapter 17:16-17, that we see this guy Goliath show up on the scene.

Goliath might have been in the Philistine pack that was runnin' like all-get-out from the armies of Israel.

If Saul had completed what he started, he wouldn't have been facing Goliath later down the road of life.

\*\*\*\*And that's where a lot of us miss it ... if we'll finish what we start, we won't be facing that giant again!

**Gal 5:7-8**

**1 Cor 9:24**

**Our last one ... is Insecurity.**

**1 Sam 18:7** - It says, "*And they danced, they sang, 'Saul has slain his thousands, and David has slain his tens of thousands.' And Saul was very angry. This refrain galled him. They have credited David with tens of thousands he thought but with me only thousands. What more can he get but my kingdom?*"

And from that time on Saul kept a jealous eye on David.

The lie? "You're inferior." The lie? "Everyone is better than you."

The truth? "You are a confident person in Christ Jesus."

**Phil 1:6**

**Heb 13:6**

**Heb 10:35-36**

**1 Jn 3:21-22**

Don't be insecure about people around you.

You know, James' and John's Mom comes to Jesus, "Could I ... I just want to make sure, could one of my sons sit on your right hand and one on the left hand?"

Could you just sign this document, right here right now?"

And watch ... all these other disciples were filled with indignity and rage and "What does she think she's doing?"

Don't be insecure about the people around you.

Be secure in what God has called you to do. Be confident of this.

That He who began a good work in you will carry it on to completion.

So we say with confidence, Hebrews 13:6, so we say with confidence, "The Lord is my helper, I will not be afraid what man can do to me."

If you follow God's plan, God's purpose, you know you're called, you know you're equipped, you know His anointing is upon you to fulfill and to make it happen.

Let me wrap it up with this. Outside of our battles of feeling insignificant, inadequate, intimidated, inconsistent and insecure ... we have to know that there is not one excuse that we have to not fulfill God's call and God's purpose on this Earth for our life.

You've heard this before, but let me remind you ... they say, "What's your excuse?"

Noah was a drunk.

Abraham and Sarah were too old.

Isaac was a daydreamer.

Jacob was a liar and a deceiver.

Leah, she was ugly.

Joseph had a felony for rape and a prison record.

Moses had a stuttering problem.

Gideon was afraid.

Samson had long hair and was a womanizer.

Rayhab was a prostitute.

Jeremiah and Timothy were too young.

David had an affair and was a murderer.

Elijah was suicidal.

Isaiah preached naked.

Jonah ran from God.

Naomi was a widow.

Job filed bankruptcy.

John the Baptist ate bugs and critters.

Peter denied Christ.

The Disciples fell asleep while praying.

Martha worried about everything.

The Samaritan woman was divorced more than once.

Zakias was too small.

Paul had Christians killed and was religious.

Timothy had an ulcer.

Here's my favorite ... Lazarus was dead!

### **What's your excuse?**

God was able to use these people for His plan and His purposes.

Don't let your past disqualify you and don't let the inward emotional voices stop you from fulfilling God's plan and purpose in your life. Amen?

Stand to your feet. Let me pray for you.

Father, I pray for every man and woman in this building. Every person that is watching through the internet ... and God I pray for your supernatural freedom, victory, and deliverance from this baggage that would try and stop them from fulfilling Your will and purpose on this Earth. In the name of Jesus, I break the lies, the deceptions of the enemy ... that he's tried to convince you ... he's tried to cause you to believe. And I proclaim the truth of God's word will set you free today. That you'll live and fulfill and become the man and woman that God has ordained you to be. Be confident in your decisions at work this week. Be confident in your decisions of parenting. Be confident as you walk in this world that you hear and know the voice of The Holy Spirit and no other voice will you follow, which you know the voice of your loving Father. Pursue God. Be consistent. Be faithful and walk in the victory God has declared for you. In Jesus' Name, Amen. Amen.